



Drowning Prevention Coalition of El Paso Resources 2020

Water Safety/Drowning Prevention www.dpcel Paso.org

Suggestions for teachers/schools on water safety/drowning prevention

*make video or poster of two water safety rules/tips.

*Students can draw safety poster about info learned that day.

Tips/Drowning Prevention

Drowning is the leading cause of deaths for children between the ages 1-5.

Water is a great way to beat the heat but summer is also when children are most likely to drown.

1. Never leave children alone near water inside or outside the house. This includes pools, hot tubs, lakes, canals, ponding areas, bathtubs, buckets or even toilets. Use safety locks on toilets and keep bathroom doors closed. Empty cleaning buckets and kiddie pools immediately after use.
2. Never leave a child alone in a bath for any reason. Get what you need before you start, and take the child with you if you leave.
3. Children need constant supervision near water. Assign an adult WATER WATCHER that is within arm reach of children in water. Adult should not be reading, talking or texting. Phone should only be used in emergencies.
4. Make sure a child can't slip out of the house (doggie doors) and get to pools, hot tubs or other bodies of water.
5. Secure swimming pools with fences and self-closing latching gates.
6. Do not play or swim near drains, suction outlets or missing drain covers. Hair, arms, body, suit can become entangled.
7. Don't leave toys in or near water where they may attract a child. Air filled/foam toys are not safety devices. A child can slip out or remove them.
8. Don't assume children will use good judgment around water. Teach children to always ask permission to go near water.
9. Learn First Aid/ CPR and keep emergency phone numbers handy. 9-1-1
10. Teach children how to swim.
11. If a child is missing, check the pool or body of water first. Seconds count in preventing death and disability.
12. Wear a properly fitted (PFD) Life jacket when boating and fishing. Have young children or inexperienced swimmers wear life jacket around the water.
13. Ponds, canals, irrigation ditches, ponding areas and reservoirs are not to be swam in due being unclean and dangerous currents.
14. When road is flooded, turn around don't drown. Flash floods can kill in a flash. Storm Drains Can Be Deadly. Keep Alert. Keep Clear.
15. When thunder roars, go indoors. Leave area immediately. Do not seek shelter under trees. A bus or car can provide shelter if no building is available. Stop all outdoor activities. Wait 30 minutes after storm to resume activities.

Water Safety Websites

1. Drowning Prevention Coalition of El Paso website <https://www.dpcelpaso.org>
2. Pool Safely Simple Steps Saves Lives <http://www.poolsafely.gov/>
3. Safe Kids <http://www.safekids.org/tip/water-safety-home-tips> <http://www.safekids.org/poolsafety>
4. CDC Healthy Water
<http://www.cdc.gov/healthywater/swimming/pools/design-operation-pools-hot-tubs.html>
5. Boating Safety Sidekicks <http://www.boatingsafetysidekicks.com/kidsite/kidsite.htm>
6. Watch Kids Around The Water Texas Dept of Family and Protective Services http://www.helpandhope.org/Water_Safety/
7. Book/website Jabari of the Water <http://www.jabariofthewater.com/>
8. Book/website Stewie the Duck To Swim Learns <http://www.stewietheduck.org>
9. Book/website ZAC Foundation The Polar Bear That Couldn't, Wouldn't Swim <http://www.thezacfoundation.org>

El Paso Swimming Lessons

1. Infant Swimming Resource 915-241-2484 Laura Castle <http://www.lauracastlec.infantswim.com/instructor/>
2. El Paso Parks and Recreation Aquatics Office at (915) 544-3556.

<http://www.elpasotexas.gov/parks-and-recreation/aquatics/learn-to-swim>

3. El Paso YMCA <http://www.elpasoymca.org/>

Bowling Family YMCA 915.755.9622
Loya Family YMCA 915.590.9622
Westside Family YMCA 915.584.9622

4. El Paso YWCA <http://www.ywcaelpaso.org/>

Katharine Harvey 915-584-4007
Joyce Jaynes (915) 533-7475
Myrna Deckert (915) 757-0306
Dorothy Hunt (915) 859-0276
Shirley Leavell (915) 593-1289

CPR/First Aid Info

El Paso Red Cross 3620 Admiral Street El Paso, TX 79925 (915) 592-0208

<https://www.redcross.org/take-a-class/cpr>

Fire Department 915-485-5600 <http://www.elpasotexas.gov/fire-department>

American Heart Association CPR info <https://www.heart.org>

Please always remember to “Respect the Water”

