



Hey Kids!
Summer is almost here and
you know what that means.
Fun, Sun and Swimming!!!!



Here are some quick tips to help keep you safe this summer at the pool. Please remember to always "Respect the Water"!

1. Never Swim Alone...

You should ALWAYS have an adult "Water Watcher" that knows how to swim watching you closely while you swim. You should make a point of swimming with a buddy too! That way, you can look out for each other when you are in and around the water!

2. Learn to Swim...

Learn to swim well! You should always take swim lessons with a qualified instructor and practice your swim skills often under the supervision of an adult.

3. Learn CPR, First Aid and Rescue Techniques...

Have an Emergency Action Plan by the pool at all times. Always be ready for an emergency and keep a phone close by the pool just in case.

4. Never play around rivers, ponds, channels, arroyos, large fountains or drains...

These may seem like a fun place to play but can be very dangerous! Stay away from them and encourage others to stay away as well.

5. Respect all barriers that lead to water...

Fences, pool safety covers, gate alarms, and door alarms are all there to help keep you safe. Do NOT leave fences propped open and follow the rules at the pool. Safer water means a safer you!

A SPECIAL NOTE TO ALL WATER WATCHERS!!

- Keep constant watch on all children you are with in and around the water.
- Do not be distracted and socialize or be on the phone.
- Only be relieved from your "Water Watcher" duty by another adult "Water Watcher".

The Drowning Prevention Coalition of El Paso's mission is to promote, develop and support training and community education efforts that prevent drownings, non-fatal drowning's and other water related incidents in El Paso County and the surrounding areas.